



STARTERS

Garlic Bread	£4.75	Chicken Liver Pâté	£8	Chicken Goujons	£8.25
Garlic Bread with Cheese	£5.5	Homemade, served with apple cider chutney & toast		Deep-fried in our very own Cajun batter, served with a lemon mayo dip	
Soup of the Day	£6.5	Victory Mushrooms	£8	Sharing Cheese Platter	£14.5
Homemade, served with a roll & butter		Poached in white wine, wholegrain mustard, and a creamy blue cheese sauce, served with garlic bread		Halloumi fries, mozzarella sticks, brie wedges, breaded camembert and, breaded jalapeños, garlic bread, and grapes served with sweet chilli and salsa	
Breaded Jalapeños	£7.75	Cod and Pancetta Fishcakes	£8.25		
Stuffed with cream cheese and served with salsa		Served with balsamic glaze			

FROM THE GRILL

All served with a choice of potato and peas or salad, onion rings, tomato and mushrooms

8oz Rump Steak	£19	Lamb Steak	£18
16oz Rump Steak	£25	Parkers lamb steak, cooked medium, on a bed of crushed new potatoes and peas, served in a red wine and mint sauce	
8oz Sirloin Steak	£22	Surf Up (add Scampi)	£5.5
10oz Gammon Steak	£16.5	Garlic Prawns	£6
Topped with double egg or pineapple		Add pan-fried garlic tiger king prawns	
Mixed Grill	£23		
4oz rump steak, gammon, 2 sausages, chicken breast, onion rings, black pudding & fried egg			

HOMEMADE SAUCES

Add any for £2.75 each (serves 1)

Port & Blue Cheese
Diane Classic
Garlic, White Wine & Mushroom
Creamy Fiery Peppercorn
Top your steak with a mature cheddar, stilton or brie melt
£2.75 for 8oz £4 for 16oz

BURGERS

All served with chips, onion rings and coleslaw

Bangkok Bad Boy Burger 	£13.5
Spicy oriental inspired vegan burger served with lettuce, onion, and tomato	
Classic Burger	£14
Served with lettuce, onion, and tomato, topped with grilled back bacon and melted cheddar cheese	
Chicken Burger	£13.5
Chicken breast served with bacon, cheese, mayo & lettuce - served with chips & onion rings	
Buffalo Southern Fried Chicken Burger	£14.5
Southern Fried Chicken tossed in our buffalo hot sauce with melted cheese over a cooling ranch salad	
Grilled Halloumi Burger	£13.5
Topped with sweet chilli sauce, lettuce, tomato & onion	
Nelson Signature Burger	£16.5
Parkers 100% beef burger, chicken breast, our own creamy peppercorn sauce, homemade pulled pork with a cheddar cheese melt, back bacon, and topped off with onion rings	

MAIN COURSES

All served with a choice of potato and peas or salad, unless stated otherwise

Homemade Steak, Mushroom & Ale Pie	£14.5	Chicken Goujons	£13.5
Made with lean steak, mushrooms, and our very own Sperrin Ale Gravy, baked in short crust pastry		Deep-fried in our very own Cajun batter, served with lemon mayo dip	
Chicken Curry	£14.5	Frank Parker's Faggots	£14
With naan bread & rice/chips or half and half		Served with chips & mushy peas	
Homemade Chilli Con Carne	£14.5	Wholetail Scampi	£14
Served with garlic bread & rice, or chips, or half and half		Selected breaded scampi, served with a lemon wedge	
Parkers Award-Winning Pork Sausages	£13.5	Homemade Lasagne	£14.5
Served with homemade creamy mash and onion gravy		Served with chips & garlic bread	
Smugglers Chicken	£15.5	Anne Boleyn	£16
Chargrilled chicken breast topped with BBQ sauce, grilled back bacon & cheese melt		Chunks of cod, with salmon and prawns in a creamy white wine & cheese sauce	
Teriyaki Salmon	£16.5	Plum Duck	£16.5
Lightly grilled salmon fillet, topped with teriyaki sauce and sesame seeds		Pan-fried duck breast served with rice in a sweet plum sauce	
		Garlic Chicken	£16.5
		Chargrilled chicken breast topped with pan-fried garlic tiger king prawns	
		Beer-Battered Cod	8oz £16.5 12oz £21
		Served with chips & mushy peas	

SALADS

Chicken Caesar Salad	£15	Highland Salmon & Prawn Salad	£16.5
Served with bacon, croutons, and parmesan shavings		Served on a bed of mixed leaves	
Steak and Chicken Salad	£16.5	Halloumi Salad	£15
Served on a bed of mixed leaves with a french dre		Grilled chunks of halloumi on a bed of mixed salad, served with balsamic glaze	

Some of our dishes may contain traces of nuts and other allergens, please make us aware if you have any allergies. If you are unsure, please ask your server for advice and guidance.

See our daily specials board!



LUNCHTIME SMALLER PLATES MENU

CHOOSE 2 COURSES FOR £13 or 3 COURSES FOR £15

Designed for diners with a smaller appetite, available Monday to Friday, served from 12:00pm until 3:00pm

STARTERS

Homemade Soup of the Day
Served with a bread roll

Traditional Prawn Cocktail
Served with brown bread and butter

Homemade Chefs House Pate
Served with warm toast

Victory Mushrooms
Poached in a creamy white wine, grain mustard & blue cheese sauce, served with garlic toast

Melon & Raspberry Sorbet
Resting on a raspberry coulis

MAINS

Traditional Roast of the Day

Homemade Steak, Mushroom & Real Ale Pie

Homemade Lasagne
Topped with mozzarella cheese, served with garlic bread

Gammon Steak (5oz)
Topped with fried egg or pineapple slice

Fresh Cod
Lightly deep fried in our own special batter

Faggots, Chips & Mushy Peas

Grilled Rump Steak (4oz)
Served with a tomato and mushroom, cooked to your liking

Steak Supplement £2

AFTERS

See our chalkboard for today's homemade puddings, hot & cold desserts, and roulades. Served accordingly with pouring cream, ice cream, or custard.

VEGETARIAN & VEGAN

Teriyaki Stir Fry £13.5
Stir fried vegetables in a teriyaki sauce with sesame seeds and rice

Vegan Curry £13.5
A variety of fresh mixed vegetables in our own tomato based tikka sauce, served with naan bread

Bangkok Bad Boy Burger £13.5
Spicy oriental inspired vegan burger

Grilled Halloumi Burger £13.5
Topped with sweet chilli sauce, lettuce, tomato & onion

Vegetable Lasagne £13.5
Layers of pasta in a rich tomato & roasted vegetable sauce

Mediterranean Bake £13.5
Med veg cooked in a rich and rustic sauce, topped with melted cheddar (vegan option without cheese available)

KIDS MENU

Served with Chips & Peas or Beans

Chicken Nuggets £8

Parkers Pork Sausages £8.5

Wholetail Scampi £9

Beef Burger £8

Cheese Burger £8.5

Lasagne £9
Served with garlic bread

LUNCHTIME LITE BITE MENU

Available Monday to Saturday, served from 12:00pm until 5:00pm

FRESH SANDWICHES

Choose from either baguettes, wholemeal bread or white bread; served with a handful of chips or a salad garnish

Parkers Pork Sausage £10
Served with sauteed fried onions

Prawn Cocktail £10
On shredded leaves with a marie rose sauce

Club Classic £10.5
Mayo, lettuce, tomato, bacon, grilled chicken and a cheddar cheese melt

Rump Steak (approx 4oz) £11.5
With sauteed mushrooms and onions

Nelson Special Baguette £11.5
Grilled chicken, bacon & pulled pork with pepper sauce & topped with a cheddar melt

Baked Jacket Potato £7
Served with a salad garnish

ADD ANY OF OUR TOPPINGS:

Baked Beans 75p

Cheddar Cheese 75p

Prawns in Marie Rose Sauce £1.75

Homemade Chilli £2.25

SIDES

Chips £3.75

Cheesy Chips £4.5

Halloumi Fries £5.5

Garlic Bread £4.75

Garlic Bread with Cheese £5.5

Side Salad £3.25

Mushrooms £3.5

Beer Battered Onion Rings £4

Fresh Homemade Coleslaw £3

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See our special dessert board for today's choices!